

Kitchen Confidence Cooking Series

Monthly Cooking Demonstrations

Learn how to prepare nutritious and flavorful foods and perfect your cooking techniques. Nutrition tips supplement each dish. Enjoy samples and take home recipes.

May 25 • Noon - 1 pm

Alice & Bruce King Educational Complex • West Kitchen Area
6400 Uptown Blvd.

To Register for this Demo please go to: <https://www.research.net/r/ABKECMay25>

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