

# Savings on Your 2018 Health Coverage

## 2018 APS Employee Wellness Incentive Program

Employees/Spouses/Domestic Partners have the opportunity to continue to save on their 2018 medical premiums.

### Complete the following three (3) steps:

- Annual Preventive Physical Exam \*Completed between October 1, 2016 and September 30, 2017; and
- Online Tobacco Affidavit \*\*Between July 1, 2017 and September 30, 2017; and
- Online Personal Health Profile Between July 1, 2017 and September 30, 2017.

\*(Qualifying Annual Preventive Exams include a visit by an identified Primary Care Physician/Provider). **Annual Dental and Vision Exams will not be accepted.**

\*\*If you are a tobacco user, complete the online tobacco cessation program to qualify for the 2018 Employee Wellness Incentive Program.

### Savings for all three (3) steps:

\$25/Month (\$300/Year) for individuals,  
or \$50/month (\$600/Year) for Employee and Spouse/Domestic Partner!

### Process to receive your Employee Wellness Incentive for 2018:

1. Complete an age-appropriate preventive health exam between October 1, 2016 and September 30, 2017.
2. Complete the employee/patient portion of the Physician Engagement Form and present to your primary care provider to complete. [Print your Physician Engagement form.](#)

*You or your provider's office can fax or email the completed document to the contact information provided on the form.*

3. Complete the online tobacco affidavit and personal health profile.  
Beginning July 1, 2017 – September 30, 2017, to access and complete both activities.  
Visit the HealthAdvocate website at <https://members.healthadvocate.com/>

The goal of the wellness incentive program is to improve the health outcomes of our employees and their families while reducing health care costs.

APS contracts with HealthAdvocate to assure confidentiality and privacy. The APS Employee Benefits Department will only receive confirmation that all three steps were completed.

## Need a Primary Care Physician?

- APS Presbyterian Health Plan members can call 1-844-PRES DOC (1-844-773-7362) or 505.923.5600
- APS BlueCross BlueShield of New Mexico members can go to Provider Finder, or
  - Lovelace Care Concierge 505.727.5252
  - DaVita Medical Group 505.262.7000 or <http://www.abqhp.com/FindADoctor>
- New Mexico Health Connections can call 1-855-7MY-NMHC (1-855-769-6642) or [http://www.mynmhc.org/find\\_a\\_doctor.aspx](http://www.mynmhc.org/find_a_doctor.aspx)

Presbyterian and BlueCross BlueShield of NM Members, remember to ask or search for a Tier 1 provider

For additional information or questions, please email [employee.wellness@aps.edu](mailto:employee.wellness@aps.edu) or call 505-889-4896.

