



While I'm

following

the program, I'm leading the way

Together, let's bring the Beyond the Scale program by **Weight Watchers®** to work. The new Beyond the Scale program takes a personalized approach that helps you reach your weight-loss goals with the help of a **trained leader, powerful group support**, and access to our **digital tools***. It's not about always getting it right, it's about being prepared to take on whatever comes your way.

**Beyond
the Scale**

Work together to bring Weight Watchers to work.

SESSION: Choose 12 or 17 Weeks includes extra 2 weeks FREE eTools

PAYMENT: Cash, Check or Major Charge

CONTACT: Katherine Chavez at employee.wellness@aps.edu

RSVP by: Friday, October 14, 2016 at <https://www.surveymonkey.com/r/ZDVBBLN>

With proper documentation, Weight Watchers fees qualify for Flexible Spending Account Monies to be applied. Contact Katherine for more info.

weightwatchers

* Digital tools and apps available only with eTools subscription. Apps available for iOS and Android devices. WEIGHT WATCHERS is the registered trademark of Weight Watchers International, Inc. SmartPoints and FitPoints are the trademarks of Weight Watchers International, Inc. ©2016 Weight Watchers International, Inc. All rights reserved.