



ALBUQUERQUE PUBLIC SCHOOLS
Human Resources – Extended Leaves Office

Food Services MEDICAL RELEASE

Employee Name

Employee Number

Employee's Signature

Employees are required to reinstate with the Extended Leaves Office prior to returning to the work site. Return this original Medical Release form to the Extended Leaves/Sick Leave Bank Office, Alice and Bruce King Educational Complex, East Tower, Suite 210.

TO BE COMPLETED BY EMPLOYEE'S HEALTH CARE PROVIDER

PHYSICAL DEMANDS: The physical demands described here are representative of those that must be met by the incumbent to successfully perform the essential functions of the job with or without reasonable accommodation:

- The employee must occasionally lift and move up to 35 pounds in supplies which requires bending, stooping and lifting.
- The employee must use hands and arms to manipulate objects.
- The employee must use keyboards, tools and other controls.
- The employee must sit and stand for long periods of time.
- The employee must have normal vision and hearing with or without aid.
- The employee must be able to move about assigned location unaided during the day.

I have reviewed the physical demands of a food services general helper as listed above. Any restrictions that the employee must comply with and the duration of such restrictions are indicated below:

Restriction

Duration

Employee can return to work on: _____ / _____ / _____

Health Care Provider's Signature

Date

Health Care Provider's Address

Phone Number

IF YOU HAVE RESTRICTIONS, YOUR SUPERVISOR MUST SIGN BELOW:

I am willing: I am not willing: to work with the above restrictions for this duration.

Supervisor's Signature