ALBUQUERQUE PUBLIC SCHOOLS

Human Resources – Extended Leaves Office

Custodian
MEDICAL RELEASE

Employee Name _____ Employee Number _____ Employee's Signature _____

Employees are required to reinstate with the Extended Leaves Office prior to returning to the work site. Return this original Medical Release form to the Extended Leaves/Sick Leave Bank Office, Alice and Bruce King Educational Complex, East Tower, Suite 210.

TO BE COMPLETED BY EMPLOYEE'S HEALTH CARE PROVIDER

PHYSICAL DEMANDS: The physical demands described here are representative of those that must be met by the incumbent to successfully perform the essential functions of the job with or without reasonable accommodation:

- The employee must regularly lift and move more than 75 pounds in equipment and supplies which requires bending, stooping and lifting.
- The employee must use hands and arms to manipulate objects.
- The employee must be able to operate cleaning and gardening equipment and tools.
- The employee must use keyboards, tools and other controls.
- The employee must sit and stand for long periods of time.
- The employee must have normal vision and hearing with or without aid.
- The employee must be able to climb ladders.
- The employee must be able to move about assigned location unaided during the day.
- The employee must wear protective clothing as requested or assigned.

I have reviewed the physical demands of a Custodian as listed above. Any restrictions that the employee must comply with and the duration of such restrictions are indicated below:

Restriction	Duration

Employee can return to work on: _____/_____/_____

Health Care Provider's Signature _____ Date _____

Health Care Provider's Address _____ Phone Number _____

IF YOU HAVE RESTRICTIONS, YOUR SUPERVISOR MUST SIGN BELOW:

☐ I am willing: ☐ I am not willing: to work with the above restrictions for this duration.

Supervisor's Signature _____