

What We Do...

The Employee Assistance Program is a benefit of the Albuquerque Public Schools to employees and their immediate family members. EAP provides a confidential setting in which employees and their families can discuss problems, as well as receive help in finding community resources to meet their needs.



The primary goal of the EAP is to provide services to help employees maintain their productivity on the job. These services include:

- Short-term individual, family, and couples counseling
- Referral to community resources to resolve physical, mental health, substance abuse, personal and/or family issues
- Assistance to administrators/supervisors in the management of troubled employee, team building, training, and mediation.

Can EAP Help Me?

The Employee Assistance Program offers help to APS employees in times of stress. Employees use EAP services for many different reasons. Some are having marriage or family problems. Some are struggling with job pressures, interpersonal conflicts, work-related issues, anxiety or depression. Some are dealing with a serious illness or loss. Whatever the reason for seeking help, APS employees will receive confidential counseling from our highly experienced professional staff.

The EAP counselors specialize in helping individuals/families through:

- Stress or life crises
- Workplace conflict
- Mediation
- Couples/family issues
- Crisis intervention
- Grief and loss
- Domestic violence
- Alcohol and other drug use



The services provided directly by the EAP counselors are free to all employees and their immediate family members (partner and children ages 13-18). Fees and expenses incurred as a result of community referrals are the responsibility of the employee.

Is It Confidential?

Confidentiality is a cornerstone of the Employee Assistance Program. Information shared by an employee will be kept confidential unless written permission is given by the employee. The following are exceptions:

- known or suspected child abuse
- danger to self or others

Opening Doors to Discussion, Assistance & Resources...Opening Doors to Discussion, Assistance & Resources...

Did You Know?

As an APS employee, you and your immediate family are eligible to receive assistance from the EAP for a variety of problems.

We Believe...

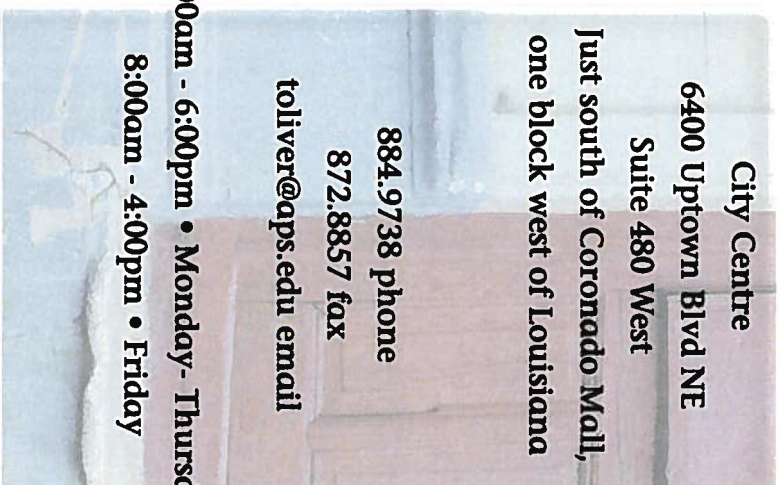
- Healthy people benefit from assistance in resolving personal and work related problems.
- Providing prevention and counseling services enhances productivity, organizational success, and employee well-being.
- It is essential to operate with the highest professional, ethical and confidentiality standards.
- Valuing and respecting all people enhances the success of students and the organization.



**ALBUQUERQUE
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APS

Employee Assistance Program



City Centre

6400 Uptown Blvd NE

Suite 480 West

Just south of Coronado Mall,
one block west of Louisiana

884.9738 phone

872.8857 fax

toliver@aps.edu email

8:00am - 6:00pm • Monday- Thursday

8:00am - 4:00pm • Friday



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We did it! APS Graphics Production & District Services

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