

The following updated salary tiers applies as of the 2022-2023 contract start dates.



**ALBUQUERQUE PUBLIC SCHOOLS  
MEDICAL PREMIUM RATES  
January 1, 2022 - December 31, 2022**

True Health New Mexico has notified APS that they are exiting the New Mexico health insurance market after 12/31/2022. Due to this coming change, APS will no longer accept new enrollments into the True Health Plan effective 5/1/2022. Employees and dependents who are already enrolled on the True Health plan will continue on that plan through 12/31/2022 (or through the date they are no longer eligible for APS coverage, if that date precedes 12/31/2022).

<b>If you earn \$55,000 or more:</b>		<b>Bimonthly Payroll Deductions Are:</b>		
(EE 40% - APS 60% of Total Premium)	Single	Double	Family	
Blue Cross Blue Shield NM	\$108.82	\$217.64	\$293.81	
True Health NM	\$114.26	\$228.52	\$308.50	
Presbyterian Health Plan	\$114.26	\$228.52	\$308.50	
CIGNA	\$112.08	\$224.16	\$302.62	

<b>If you earn \$42,500 to \$54,999:</b>		<b>Bimonthly Payroll Deductions Are:</b>		
(EE 30% - APS 70% of Total Premium)	Single	Double	Family	
Blue Cross Blue Shield NM	\$81.61	\$163.23	\$220.36	
True Health NM	\$85.69	\$171.39	\$231.38	
Presbyterian Health Plan	\$85.69	\$171.39	\$231.38	
CIGNA	\$84.06	\$168.12	\$226.97	

<b>If you earn less than \$42,500:</b>		<b>Bimonthly Payroll Deductions Are:</b>		
(EE 20% - APS 80% of Total Premium)	Single	Double	Family	
Blue Cross Blue Shield NM	\$54.41	\$108.82	\$146.90	
True Health NM	\$57.13	\$114.26	\$154.25	
Presbyterian Health Plan	\$57.13	\$114.26	\$154.25	
CIGNA	\$56.04	\$112.08	\$151.31	

**FOOD SERVICES**

Please see note at the top of this page with important information about True Health New Mexico.

<b>If you earn \$55,000 or more:</b>		<b>Bimonthly Payroll Deductions Are:</b>		
(EE 40% - APS 60% of Total Premium)	Single	Double	Family	
Blue Cross Blue Shield NM	\$145.09	\$290.19	\$391.75	
True Health NM	\$152.35	\$304.69	\$411.33	
Presbyterian Health Plan	\$152.35	\$304.69	\$411.33	
CIGNA	\$149.44	\$298.88	\$403.49	

<b>If you earn \$42,500 to \$54,999:</b>		<b>Bimonthly Payroll Deductions Are:</b>		
(EE 30% - APS 70% of Total Premium)	Single	Double	Family	
Blue Cross Blue Shield NM	\$108.81	\$217.64	\$293.81	
True Health NM	\$114.25	\$228.52	\$308.51	
Presbyterian Health Plan	\$114.25	\$228.52	\$308.51	
CIGNA	\$112.08	\$224.16	\$302.63	

<b>If you earn less than \$42,500:</b>		<b>Bimonthly Payroll Deductions Are:</b>		
(EE 20% - APS 80% of Total Premium)	Single	Double	Family	
Blue Cross Blue Shield NM	\$72.55	\$145.09	\$195.87	
True Health NM	\$76.17	\$152.35	\$205.67	
Presbyterian Health Plan	\$76.17	\$152.35	\$205.67	
CIGNA	\$74.72	\$149.44	\$201.75	

Single = Employee; Double = Employee + Spouse or Employee + Child; Family = Employee + 2 or more dependents)