

About the Albuquerque Public Schools District Stress Management Response Team

We . . .

- are highly trained, RECOVERY specialists.
- assist schools with the emotional & psychological aftermath following a death, tragedy, disaster, or suicide.
- provide training & consultation to schools impacted by tragedy, even when the D-SMRT is not responding as a team.
- respond to 10-20 school sites each year, working with students, families, staff, & faculty during some of the most tumultuous times in their lives.
- strive to stabilize, mitigate stress reactions, teach stress management, assist with adaptive functioning, & facilitate access to continued care.

