

ALBUQUERQUE METRO CHAMPIONSHIPS

2018-2019 ***TRACK & FIELD***

ALBUQUERQUE

METRO



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ALBUQUERQUE METRO CHAMPIONSHIPS

GENERAL INFORMATION 2018-2019

Event Boys Track & Field Meet and Girls Track & Field Meet
Dates May 2, 2019 & May 3, 2019
Site Nusenda Community Stadium
Admission Albuquerque Metro Championship Event pricing in effect
\$5.00 Adults, Students (with or without ID) & Senior Citizens
APS Athletic Department issued passes will be valid.



Teams

Albuquerque	Eldorado	Sandia
Albuquerque Academy	Highland	Sandia Prep
Atrisco Heritage	La Cueva	St. Pius
Cibola	Manzano	Valley
Cleveland	Rio Grande	Volcano Vista
Del Norte	Rio Rancho	West Mesa

Entries Submit entries through DirectAthletics, www.directathletics.com, by 9:00am, Wednesday, May 1, 2019.

Entries for individual events are limited to three entries per gender per school. Entries for relay events are limited to one entry per gender per school. Entries shall include highest marks unless this is the first competition. Other than individuals/relay teams being scratched, no entry changes including heat and/or lane assignments are permitted.

The number of heats in running events will be determined by the total number of entries. Heats in the following events will be seeded per NFHS Rule 5-6-1, 5-6-2 and 5-6-3: 100m, 200m, 400m, 400m Relay, 100m/110m Hurdles and 300m Hurdles. Heats in the following events will be seeded slowest to fastest: 800m, 1600m, 3200m, 800m Relay, 1600m Relay and 1600m Medley Relay. Curved race lane assignments will be 3-4-5-6-7-8-2-1. Straight race lane assignments will be 4-5-3-6-2-7-1-8.

Discus, javelin, shot put, long jump and triple jump will be flighted. High jump and pole vault will be timed pits.

Event Schedule

May 2, 2019	Prelims: Boys & Girls at Nusenda Community Stadium 3:30pm Equipment Weigh-In 3:30pm Scratch Meeting 3:50pm Coaches Meeting
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Refer to meet schedule for order of events and event start times.

May 3, 2019	Finals: Boys & Girls at Nusenda Community Stadium 3:30pm Equipment Weigh-In 4:10pm Scratch Meeting 4:30pm Coaches Meeting
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Postponement and/or cancellation of the event due to an emergency, inclement weather and/or facility/playing conditions will be in accordance with NFHS, NMAA and APS guidelines. An adjustment of the meet schedule or the cancellation of the event will be determined and announced by the APS Athletic Department.

ALBUQUERQUE METRO CHAMPIONSHIPS

GENERAL INFORMATION 2018-2019

Event Information

Minimum marking distances (75% of 5A state qualifying marks) specific to gender will be in effect for long jump, triple jump, shot put, discus and javelin. Individuals will be allowed three preliminary trials in these field events with the top eight finishers advancing to the finals for three additional trials.

Starting heights specific to gender in high jump and pole vault will be determined after entries are submitted and will be announced at each coaches meeting. High jump and pole vault events will be conducted as per NFHS Rules 7-2, 7-3, 7-4 and 7-5.

Running events will be timed using a fully automatic timing system. Heat winners will advance to the finals in the following events: 100m, 200m, 400m, 400m Relay, 100m/110m Hurdles and 300m Hurdles. Overall next best times will also advance to the finals filling remaining available lanes.

Fastest times will determine order of finish in the following events: 800m, 1600m, 3200m, 800m Relay, 1600m Relay and 1600m Medley Relay.

Scoring of the meet will be as follows: Relays: 10-8-6-4-2-1 Individual: 7-5-4-3-2-1

Team championship ties are resolved in the following order:

1. The team with the greatest number of 1st place finishers in individual events (running & field) shall be declared the team champion.
2. The team with the greatest number of 1st place finishers in relay events shall be declared the team champion.
3. The team with the greatest number of 2nd place finishers in individual events (running & field) shall be declared the team champion.
4. The team with the greatest number of 2nd place finishers in relay events shall be declared the team champion.
5. If a tie still exists, a coin flip among the tied teams shall determine the team champion.

The event director will coordinate host site responsibilities with appropriate event personnel.

Awards

Albuquerque Metro Championship apparel and event championship medals will be presented according to the award presentation schedule. Presentation of champions will include podium recognition of 2nd and 3rd place finishers.

The Eric Groebner Memorial plaque will be awarded to the 1st place Boys 800m Relay team during podium recognition following the race.

The Steve Baksa High Point Award for boys and girls along with the Albuquerque Metro Championship team trophies and apparel will be presented upon the conclusion of the meet.

Results

Results will be posted on the APS Athletic Department website and on DirectAthletics.



ALBUQUERQUE METRO CHAMPIONSHIPS

MEET SCHEDULE 2018-2019

THURSDAY, MAY 2

3:15pm _____ Field Judges Meeting
3:30pm _____ Equipment Weigh-In
3:30pm _____ Scratch Meeting
3:50pm _____ Coaches Meeting
4:30pm _____ Running Officials Meeting

FIELD EVENTS

4:15pm—6:30pm _____ Boys Pole Vault
Girls High Jump
Girls Long Jump (Flighted)
Girls Shot Put (Flighted)
Boys Javelin (Flighted)
6:45pm—9:00pm _____ Boys Long Jump (Flighted)
Boys Shot Put (Flighted)
Girls Javelin (Flighted)

RUNNING EVENTS

5:15pm _____ Girls/Boys 3200m Run (Heat #2 Final)
Girls/Boys 400m Relay
Girls/Boys 100m/110m Hurdles
Girls/Boys 100m Dash
Girls/Boys 3200m Run (Heat #1 Final)
Girls/Boys 400m Dash
Girls/Boys 300m Hurdles
Girls/Boys 200m Dash

THURSDAY AWARD PRESENTATION

Boys 3200m Run
Boys Pole Vault
Boys Javelin
Boys Long Jump
Boys Shot Put

Girls 3200m Run
Girls High Jump
Girls Long Jump
Girls Shot Put
Girls Javelin

Event championship medals in the events listed above will be presented after the conclusion of each event. Presentation of champions will include podium recognition of 2nd and 3rd place finishers.



FRIDAY, MAY 3

3:15pm _____ Field Judges Meeting
3:30pm _____ Equipment Weigh-In
4:10pm _____ Scratch Meeting
4:30pm _____ Coaches Meeting
4:45pm _____ Running Officials Meeting

FIELD EVENTS

4:15pm—6:30pm _____ Girls Pole Vault
Boys High Jump
Girls Triple Jump (Flighted)
Boys Discus (Flighted)
6:45pm—9:00pm _____ Boys Triple Jump (Flighted)
Girls Discus (Flighted)

RUNNING EVENTS (ALL FINALS)

5:30pm _____ Girls/Boys 400m Relay
Girls/Boys 100m/110m Hurdles
Girls/Boys 100m Dash
Girls/Boys 1600m Run
Girls/Boys 800m Relay
Girls/Boys 400m Dash
Girls/Boys 300m Hurdles
Girls/Boys 800m Run
Girls/Boys 1600m Medley Relay
Girls/Boys 200m Dash
BREAK
Girls/Boys 1600m Relay

ALBUQUERQUE METRO CHAMPIONSHIPS

AWARD PRESENTATION SCHEDULE 2018-2019

FRIDAY, MAY 3

4:00pm **Welcome & National Anthem**

4:15pm **Field Events Begin**

5:30pm **Girls 400m Relay**

Boys 400m Relay
Girls 400m Relay Results

Girls 100m Hurdles
Boys 400m Relay Results

Boys 110m Hurdles
Girls 100m Hurdles Results

Girls 100m Dash
Boys 110m Hurdles Results

Boys 100m Dash
Girls 100m Dash Results

Girls 1600m Run*
Boys 100m Dash Results (after first heat)

Boys 1600m Run*
Girls 1600m Run Results (after first heat)

Girls 800m Relay*
Boys 1600m Run Results (after first heat)

Boys 800m Relay*
Girls 800m Relay Results (after first heat)

Girls 400m Dash
Boys 800m Relay Results
Eric Groebner Memorial Award
Boys High Jump Results

Boys 400m Dash
Girls 400m Dash Results
Girls Pole Vault Results

Girls 300m Hurdles
Boys 400m Dash Results

Boys 300m Hurdles
Girls 300m Hurdles Results



Girls 800m Run*
Boys 300m Hurdles Results (after first heat)
Boys Discus Results

Boys 800m Run*
Girls 800m Run Results (after first heat)
Girls Triple Jump Results

Girls 1600m Medley Relay*
Boys 800m Run Results (after first heat)

Boys 1600m Medley Relay*
Girls 1600m Medley Relay Results (after first heat)

Girls 200m Dash
Boys 1600m Medley Relay Results

Boys 200m Dash
Girls 200m Dash Results

Break
Boys 200m Dash Results

Girls 1600m Relay*
Girls Discus Results
Boys Triple Jump Results

Boys 1600m Relay*
Girls 1600m Relay Results (after first heat)
Boys 1600m Relay Results (at conclusion of meet)

Steve Baksa Girls High Point Award
Steve Baksa Boys High Point Award
ABQ Metro Girls Track & Field Team Champion
ABQ Metro Boys Track & Field Team Champion

*Multiple heats may occur in the event based on the number of entries.

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CONTACT INFORMATION/EVENT SPONSORS 2018-2019

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