ALBUQUERQUE METRO CHAMPIONSHIPS

2022-2023 CROSS COUNTRY

ALBUQUERQUE METRO CHAMPIONSHIPS

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ALBUQUERQUE METRO CHAMPIONSHIPS

GENERAL INFORMATION 2022-2023

Event Boys Cross Country and Girls Cross Country Meets

Date Saturday, October 8, 2022

Site Nusenda Community Stadium

Admission Albuquerque Metro Championship Event pricing in effect
$5.00 for Adults, Students (with or without ID) & Senior Citizens

Teams

Albuquerque High	Highland	Sandia Prep
Albuquerque Academy	Hope Christian	St. Pius
Atrisco Heritage	La Cueva	Valley
Cibola	Manzano	Volcano Vista
Cleveland	Rio Grande	West Mesa
Del Norte	Rio Rancho	
Eldorado	Sandia	

Entries Teams may enter up to seven runners for championship races and Open B races; entries are unlimited for Open C races. Submit entries for each race through Mile Split NM, nm.milesplit.com, by noon, Tuesday, October 4. Other than individuals being scratched, no entry changes are permitted.

Event Schedule Saturday, October 8

7:00am	Team Access to Facility
8:00am	Meet Packet Distribution, Northeast Building at Track Level
8:30am	Mandatory Coaches Meeting, Track Pavilion
9:15am	Girls Open C Race
10:00am	Boys Open C Race
10:45am	Girls Open B Race
11:30am	Boys Championship Race
12:00pm	Girls Championship Race
12:30pm	Boys Open B Race

Postponement and/or cancellation of the event due to an emergency, inclement weather and/or facility/playing conditions will be in accordance with NFHS, NMAA and APS guidelines. An adjustment of the meet schedule or the cancellation of the event will be determined and announced by the APS Athletic Department.

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GENERAL INFORMATION 2022-2023

Event Information

Prior to the event, the course will not be available for practice.

Race bibs will be used for scoring purposes and distributed in meet packet. Coaches are to ensure each athlete is wearing his/her assigned race bib number.

Each team will be assigned a box on the starting line. Up to seven runners may occupy a team box; a second open line will be used for additional runners in Open C races. In championship races and Open B races, team scores will be determined by order of finish of the top five runners; teams with fewer than five entries will be scored individually. Team championship ties will be resolved per NFHS team tiebreaking procedures.

A games committee identified by the meet director will be established to determine rulings regarding the meet as necessary.

Awards

Top ten place finishers in championship races will be recognized. Individual championship race medals and team championship trophies will be presented at the conclusion of the final race.

Results

Results will be posted on Mile Split NM.

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CONTACT INFORMATION/EVENT SPONSORS 2022-2023

APS Athletic Department — **Website : www.aps.edu/athletics**

Event Director — **Adam Baysinger**
cell: 321.2942
email: adam.baysinger@aps.edu

Meet Director — **Fred Polich**
cell: 239.5325

Media

JOURNAL	**James Yodice** **ph: 823.3900** **fax: 823.3998**
KOB-TV 4	**Brandon Ortega** **ph: 764.2450** **fax: 764.2456**
KOAT-TV 7	**Sports Desk** **ph: 884.6324** **fax: 884.6354**
KRQE-TV 13	**Van Tate** **ph: 767.9411** **fax: 842.8483**

THANK YOU TO THE FOLLOWING EVENT SPONSORS

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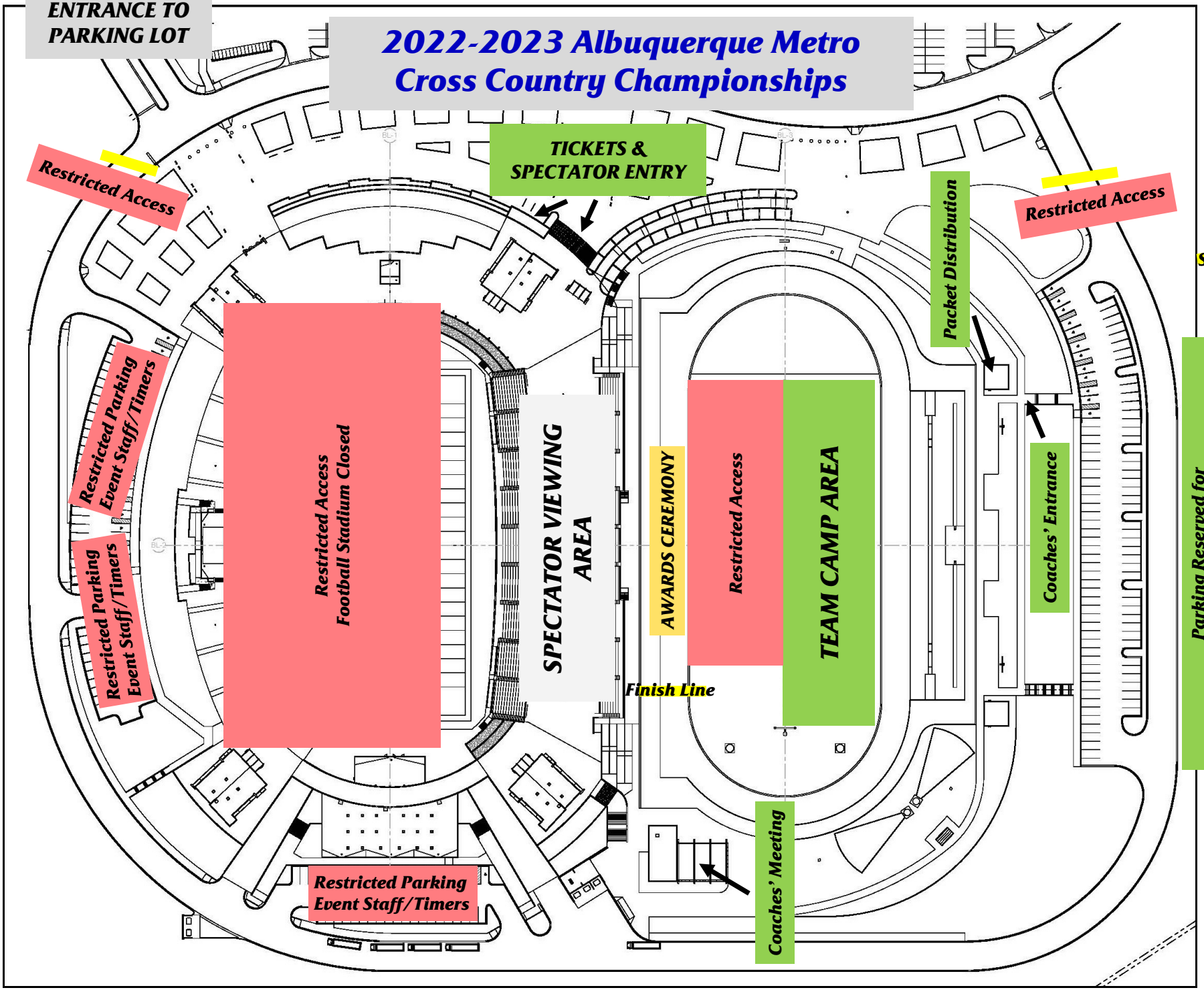
2022-2023 Albuquerque Metro Cross Country Championships



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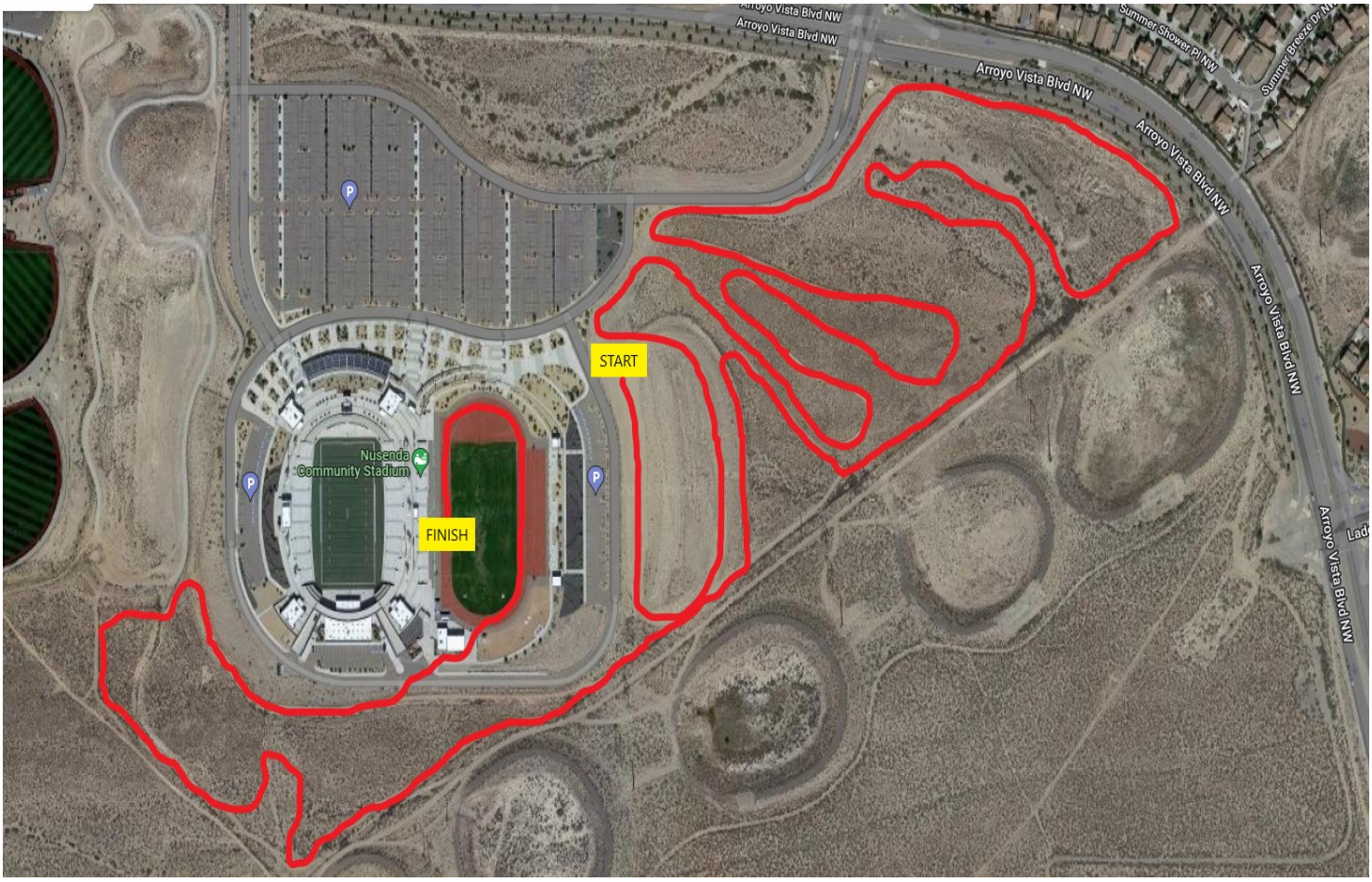

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BOX ASSIGNMENTS 2022-2023

Albuquerque High	13
Albuquerque Academy	19
Atrisco Heritage	3
Cibola	11
Cleveland	15
Del Norte	16
Eldorado	17
Highland	4
Hope Christian	6
La Cueva	9
Manzano	18
Rio Grande	8
Rio Rancho	7
Sandia	10
Sandia Prep	12
St. Pius	2
Valley	5
Volcano Vista	14
West Mesa	1

CROSS COUNTRY