

## Participation and Coaching: Out-of-Season

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ALL eligibility and sport regulations, guidelines, policies and procedures set forth by the NMAA, the APS Athletic Department and the school apply to all student-athletes and coaches during the school year but outside of the regular season (first official day of practice through season end as defined by the NMAA). Refer to NMAA Bylaw: 7.2 Definition of a Season and NMAA Bylaw: 7.6.8 Season Ends.

NMAA Handbook, Section VI Eligibility Bylaws

[http://www.nmact.org/file/Section\\_6.pdf](http://www.nmact.org/file/Section_6.pdf)

NMAA Handbook, Section VII Sports Regulations

[http://www.nmact.org/file/Section\\_7.pdf](http://www.nmact.org/file/Section_7.pdf)

### Regulations for Out-of-Season Programs

Refer to NMAA Bylaw: 7.4 Out-of-Season Coaching During the School Year

NMAA Handbook, Section VII Sports Regulations

[http://www.nmact.org/file/Section\\_7.pdf](http://www.nmact.org/file/Section_7.pdf)

Participation in out-of-season programs may not be made mandatory. A student-athlete shall have the right to try out for a team at the beginning of the regular season regardless of participation in out-of-season and/or summer activities.

### Athletic Class

The APS Athletic Department extends the definition of an athletic class to include any physical education classes and/or other classes incorporating coursework centered on objectives and activities that are associated with an athletic team/program or individual student-athletes.

### Coaches

A coach is defined as any member of a sport specific coaching staff (head, assistant or volunteer). All coaches must meet the requirements outlined in the *Human Resources and Personnel* section in the handbook.

### Additional Requirements

Individual schools may impose stricter rules and regulations which must be approved by the school principal and made available in writing to student-athletes. These regulations must align with the philosophy and purpose of the interscholastic athletic program as outlined by the APS Athletic Department.