

# ALBUQUERQUE METRO CHAMPIONSHIPS

## GENERAL INFORMATION 2023-2024

**Event** Boys Track & Field Meet and Girls Track & Field Meet

**Dates** May 2, 2024 & May 3, 2024

**Site** Nusenda Community Stadium

**Admission** Albuquerque Metro Championship Event pricing in effect  
\$5.00 Adults, Students (with or without ID) & Senior Citizens  
Only tickets purchased for Metro Track and Field will be accepted for this event. Tickets may be purchased online at:  
<https://aps.hometownticketing.com/embed/all>



APS Athletic Department issued passes will be valid.

**Teams**

Albuquerque	Cleveland	Hope Christian	Sandia
Albuquerque Academy	Del Norte	La Cueva	St. Pius
Atrisco Heritage	Eldorado	Manzano	Valley
Bernalillo	Highland	Rio Grande	Volcano Vista
Cibola	Hobbs	Rio Rancho	West Mesa

**Entries** Submit entries through MileSplitNM, [www.nm.milesplit.com](http://www.nm.milesplit.com), by Noon, Wednesday, May 1, 2024.

Entries for individual events are limited to three entries per gender per school. Entries for relay events are limited to one entry per gender per school. Entries shall include highest marks unless this is the first competition. Other than individuals/relay teams being scratched, no entry changes including heat and/or lane assignments are permitted.

The number of heats in running events will be determined by the total number of entries. Heats in the following events will be seeded per NFHS Rule 5-6-1, 5-6-2 and 5-6-3: 100m, 200m, 400m, 400m Relay, 100m/110m Hurdles and 300m Hurdles. Heats in the following events will be seeded slowest to fastest: 800m, 1600m, 3200m, 800m Relay, 1600m Relay and 1600m Medley Relay.

Curved race lane assignments will be 3-4-5-6-7-8-2-1. Straight race lane assignments will be 4-5-3-6-2-7-1-8.

Discus, javelin, shot put, long jump and triple jump will be flighted. High jump and pole vault will be timed pits.

**Event Schedule**

May 2, 2024 Prelims: Boys & Girls at Nusenda Community Stadium  
3:30pm Equipment Weigh-In  
3:30pm Scratch Meeting  
3:50pm Coaches Meeting

Refer to meet schedule for order of events and event start times.

May 3, 2024 Finals: Boys & Girls at Nusenda Community Stadium  
3:30pm Equipment Weigh-In  
4:10pm Scratch Meeting  
4:30pm Coaches Meeting

Postponement and/or cancellation of the event due to an emergency, inclement weather and/or facility/playing conditions will be in accordance with NFHS, NMAA and APS guidelines. An adjustment of the meet schedule or the cancellation of the event will be determined and announced by the APS Athletic Department.

# ALBUQUERQUE METRO CHAMPIONSHIPS

## GENERAL INFORMATION 2023-2024

### Event Information

Entries for individual events will be based on a **minimum entry standard** set at a varsity meet during the 2024 season. Marks must be reported in official meet results to [nm.milesplit.com](http://nm.milesplit.com)



Minimum Entry Standards:	Girls	Boys
100m	14.00	12.40
200m	29.00	26.00
400m	1:08.00	58.00
100H/110H	19.00	19.00
300H	55.00	48.00
800m	2:45.00	2:20.00
1600m	5:55.00	5:10.00
3200m	13:10.00	11:35.00

### Field Events

Shot Put	25'0	35'0
Discus	75'0	100'0
Javelin	80'0	120'0
High Jump	4'6	5'2
Long Jump	14'0	18'0
Triple Jump	28'0	34'0
Pole Vault	7'0	8'6

Minimum marking distances (70% of 4A state qualifying marks) specific to gender will be in effect for shot put, discus and javelin. Individuals will be allowed three preliminary trials in the throwing and horizontal jumping events with the top eight finishers advancing to the finals for three additional trials.

Starting heights specific to gender in high jump and pole vault will be determined after entries are submitted and will be announced at each coaches meeting.

Running events will be timed using a fully automatic timing system. Heat winners will advance to the finals in the following events: 100m, 200m, 400m, 400m Relay, 100m/110m Hurdles and 300m Hurdles. Overall next best times will also advance to the finals filling remaining available lanes.

Fastest times will determine order of finish in the following events: 800m, 1600m, 3200m, 800m Relay, 1600m Relay and 1600m Medley Relay.

Scoring of the meet will be as follows: Relays: 10-8-6-4-2-1 Individual: 7-5-4-3-2-1

Team championship ties are resolved in the following order:

1. The team with the greatest number of 1st place finishers in individual events (running & field) shall be declared the team champion.
2. The team with the greatest number of 1st place finishers in relay events shall be declared the team champion.
3. The team with the greatest number of 2nd place finishers in individual events (running & field) shall be declared the team champion.
4. The team with the greatest number of 2nd place finishers in relay events shall be declared the team champion.
5. If a tie still exists, a coin flip among the tied teams shall determine the team champion.

The event director will coordinate host site responsibilities with appropriate event personnel.

# ALBUQUERQUE METRO CHAMPIONSHIPS

## GENERAL INFORMATION 2023-2024

### Awards

Albuquerque Metro Championship medals will be presented according to the award presentation schedule. Presentation of champions will include podium recognition of 2nd and 3rd place finishers.

The Eric Groebner Memorial plaque will be awarded to the 1st place Boys 800m Relay team during podium recognition following the race.

The Steve Baksa High Point Award for boys and girls along with the Albuquerque Metro Championship team trophies and apparel will be presented upon the conclusion of the meet.

### Results

Results will be posted on MileSplitNM at the conclusion of the meet.



# ALBUQUERQUE METRO CHAMPIONSHIPS

## MEET SCHEDULE 2023-2024

### THURSDAY, MAY 2

3:15pm \_\_\_\_\_ Field Judges Meeting  
3:30pm \_\_\_\_\_ Equipment Weigh-In  
3:30pm \_\_\_\_\_ Scratch Meeting  
3:50pm \_\_\_\_\_ Coaches Meeting  
4:30pm \_\_\_\_\_ Running Officials Meeting

#### FIELD EVENTS

4:15pm—6:30pm \_\_\_\_\_ Boys Pole Vault  
Girls High Jump  
Girls Long Jump (Flighted)  
Girls Shot Put (Flighted)  
Boys Javelin (Flighted)  
6:45pm—9:00pm \_\_\_\_\_ Boys Long Jump (Flighted)  
Boys Shot Put (Flighted)  
Girls Javelin (Flighted)

#### RUNNING EVENTS

5:15pm \_\_\_\_\_ Girls/Boys 3200m Run (Finals)  
Girls/Boys 400m Relay  
Girls/Boys 100m/110m Hurdles  
Girls/Boys 100m Dash  
Girls/Boys 3200m Relay (Finals)  
Girls/Boys 400m Dash  
Girls/Boys 300m Hurdles  
Girls/Boys 200m Dash

### THURSDAY AWARD PRESENTATION

Boys 3200m Run  
Boys Pole Vault  
Boys Javelin  
Boys Long Jump  
Boys Shot Put

Girls 3200m Run  
Girls High Jump  
Girls Long Jump  
Girls Shot Put  
Girls Javelin

Event championship medals in the events listed above will be presented after the conclusion of each event. Presentation of champions will include podium recognition of 2nd and 3rd place finishers.



### FRIDAY, MAY 3

3:15pm \_\_\_\_\_ Field Judges Meeting  
3:30pm \_\_\_\_\_ Equipment Weigh-In  
4:10pm \_\_\_\_\_ Scratch Meeting  
4:30pm \_\_\_\_\_ Coaches Meeting  
4:45pm \_\_\_\_\_ Running Officials Meeting

#### FIELD EVENTS

4:15pm—6:30pm \_\_\_\_\_ Girls Pole Vault  
Boys High Jump  
Girls Triple Jump (Flighted)  
Boys Discus (Flighted)  
6:45pm—9:00pm \_\_\_\_\_ Boys Triple Jump (Flighted)  
Girls Discus (Flighted)

#### RUNNING EVENTS (ALL FINALS)

5:30pm \_\_\_\_\_ Girls/Boys 400m Relay  
Girls/Boys 100m/110m Hurdles  
Girls/Boys 100m Dash  
Girls/Boys 1600m Run  
Girls/Boys 800m Relay  
Girls/Boys 400m Dash  
Girls/Boys 300m Hurdles  
Girls/Boys 800m Run  
Girls/Boys 1600m Medley Relay  
Girls/Boys 200m Dash  
BREAK  
Girls/Boys 1600m Relay

# ALBUQUERQUE METRO CHAMPIONSHIPS

## AWARD PRESENTATION SCHEDULE 2023-2024

FRIDAY, MAY 3

4:00pm Welcome

4:15pm Field Events Begin

5:30pm Girls 400m Relay

Boys 400m Relay  
Girls 400m Relay Results

Girls 100m Hurdles  
Boys 400m Relay Results

Boys 110m Hurdles  
Girls 100m Hurdles Results

Girls 100m Dash  
Boys 110m Hurdles Results

Boys 100m Dash  
Girls 100m Dash Results

Girls 1600m Run\*  
Boys 100m Dash Results (after first heat)

Boys 1600m Run\*  
Girls 1600m Run Results (after first heat)

Girls 800m Relay\*  
Boys 1600m Run Results (after first heat)

Boys 800m Relay\*  
Girls 800m Relay Results (after first heat)

Girls 400m Dash  
Boys 800m Relay Results  
Eric Groebner Memorial Award  
Boys High Jump Results

Boys 400m Dash  
Girls 400m Dash Results  
Girls Pole Vault Results

Girls 300m Hurdles  
Boys 400m Dash Results

Boys 300m Hurdles  
Girls 300m Hurdles Results



Girls 800m Run\*  
Boys 300m Hurdles Results (after first heat)  
Boys Discus Results

Boys 800m Run\*  
Girls 800m Run Results (after first heat)  
Girls Triple Jump Results

Girls 1600m Medley Relay\*  
Boys 800m Run Results (after first heat)

Boys 1600m Medley Relay\*  
Girls 1600m Medley Relay Results (after first heat)

Girls 200m Dash  
Boys 1600m Medley Relay Results

Boys 200m Dash  
Girls 200m Dash Results

Break  
Boys 200m Dash Results

Girls 1600m Relay\*  
Girls Discus Results  
Boys Triple Jump Results

Boys 1600m Relay\*  
Girls 1600m Relay Results (after first heat)  
Boys 1600m Relay Results (at conclusion of meet)

Steve Baksa Girls High Point Award  
Steve Baksa Boys High Point Award  
ABQ Metro Girls Track & Field Team Champion  
ABQ Metro Boys Track & Field Team Champion

\*Multiple heats may occur in the event based on the number of entries.

**TRACK & FIELD**

# ALBUQUERQUE METRO CHAMPIONSHIPS

## CONTACT INFORMATION/EVENT SPONSORS 2023-2024

APS Athletic Department

Website

[www.aps.edu/athletics](http://www.aps.edu/athletics)

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## THANK YOU TO THE FOLLOWING EVENT SPONSORS



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