

New Mexico Activities Association (NMAA) volleyball rules and National Federation of State High School Associations (NFHS) volleyball rules apply unless otherwise specified.

### **BASIC GAME RULES AND INFORMATION**

- The warm-up schedule will follow a 4-4-2 format. Ten minutes prior to the start of a match, each team will have full-court access for 4 minutes followed by teams sharing the court for 2 minutes.
- A match will consist of the best two-out-of-three sets. The first two sets shall be played to 25 points per set with rally scoring and no cap; a team must win by 2 points. The third set, if necessary, shall be played to 15 points per set with rally scoring and no cap; a team must win by 2 points.
- The libero position will not be recognized and is not allowed.
- Officials for matches will be provided within the guidelines of the NMAA and assigned under the auspices of the New Mexico Officials Association (NMOA). The APS Athletic Department will confirm scheduled assignments.
- The host school shall provide two line judges and be prepared with line judge flags.
- The court shall be marked for volleyball. Gym floors not permanently marked for volleyball must be marked with floor tape; refer to the *NFHS Volleyball Rules Book* for court diagram and dimensions.

### **PARTICIPATION RULES**

Enforcement of participation rules is the responsibility of each team's coach and NOT officials. Violation of participation rules shall result in the notification of the violating team's school athletic director and are to be communicated school athletic director to school athletic director.

- Team Participation Levels
  - Volleyball has two levels of competition, A-Team and B-Team, and may only include female participants from the 6th, 7th and 8th grades.
  - The A-Team may only include female participants from the 7th and 8th grades.
  - The B-Team may only include female participants from the 6th and 7th grades.
  - A 7th grader may be moved up from the B-Team to the A-Team. Once a 7th grader is moved up to the A-Team, the 7th grader cannot return to the B-Team (floating between teams is prohibited).
- Maximum Participation Rules
  - All active players must play in a minimum of one set per match. An active player is a team member who meets all eligibility requirements, is in uniform and listed on the team lineup sheet day of contest.
  - Maximum participation rules apply to all team members.

## **CONDUCT EXPECTATIONS AND GUIDELINES**

- Coaches are responsible for the conduct of their team and all personnel on the bench.
- Coaching personnel must supervise and promote athletes and team personnel to behave in a manner that respects the rules and regulations of the sport.
- Students, coaches, parents and spectators shall abide by the APS Athletic and Activity Code of Conduct, the APS Parent Code of Expectations and the APS Spectator Code of Expectations.
- Any player/and or coach ejected from a game will be subject to the penalties set forth by the NMAA. Refer to NMAA Handbook, Section VII Sports Regulations, 7.7.2 NMAA Game/Contest Ejection/Disqualification Policy.

## **UNIFORM GUIDELINES**

- All team members shall wear the uniform provided by the APS Athletic Department.
- White jerseys are worn for home matches and dark jerseys are worn for away matches.
- In place of compression shorts, players are allowed to wear solid black loose fitting shorts if preferred and are to be provided by the individual player. Loose fitting shorts must be solid black without any other visible color.