

April Preschool Family Activity Calendar

	Creativity	Science	Social Emotional	Physical Development, Health, & Well-Being	Self, Family, & Community	Literacy	Math
Monday	Help your child create different pictures using shaving cream. You can add food coloring to create different colors.	Help your child find objects that slide, roll, or stay and make predictions. Have a conversation of why.	Sing: I have a Happy Face (Tune: I'm a Little Teapot). "I have a happy face, just watch me grin. I have a great big smile from my forehead to my chin. When I'm upset and things are bad, then my happy face turns sad."	Use plastic cups or disposable cups and encourage your child to stack. Then ask your child, "How can you make the tower taller/wider/stronger?"	As you play with your child, encourage her to build your home using blocks or other building materials (i.e. Legos, empty cereal boxes).	Read your child's favorite story, then have your child act it out.	Help your child collect shoes around the house and encourage him to set them up from smallest to biggest.
Tuesday	Help your child collect items from the outdoors as you go on a nature walk. Using the items collected, help your child create a collage on paper.	Have your child place a small mirror in a glass of water. Set the glass in the sun to see a rainbow. Talk about the colors you see.	Let your child help you prepare a meal that includes an item starting with the first letter of your child's first name.	Line up a variety of pillows for your child to walk, crawl, or hop across.	Talk to your child about the importance of community helpers (i.e. fire fighters, teachers, police officers, and doctors). Have your child draw a picture of her favorite community helper.	Make a sock puppet with your child. Use a variety of materials to decorate (i.e. buttons, googly eyes). Then help your child put on a puppet show.	Help your child find things that come in groups of four such as wheels on a car, legs on a chair, or the family pet.
Wednesday	Help your child tear different colored paper and glue them to another sheet of paper to create a Spring picture. Help your child write about their Spring picture.	Help your child observe the clouds in the sky and look for different figures or shapes. Talk to your child about size and color.	Create an "All about me" special book with your child. Help your child fill the book with pictures of her, family members, pets, house, etc. Include your child's name. Read often and encourage your child to read the book to you.	Help your child blow up a balloon and toss the balloon in the air. Play a game to see if your child can catch the balloon before it hits the ground.	Have your child help you make 3 rules for home. Help your child write down the rules that you decide on together and post on the refrigerator.	Sing: Willaby Wallaby Woo with your child's name and names of family members. "Willaby Wallaby Woo, an elephant sat on you. Willaby Wallaby <u>Wustin</u> , an elephant sat on <u>Justin</u> ."	Help your child march and count their steps around the house. Then ask your child, "How many steps until you get to your bed/kitchen/couch?"
Thursday	Help your child choose a song to dance around the room together. Take turns showing your best dance moves.	Help your child make a telescope out of a toilet paper roll. Have your child paint and decorate it with stickers. Then go out at night and look at the stars together. Talk about what you see.	Using your phone or tablet let your child take pictures as you both express different types of emotions (i.e. happy, sad, frustrated). Talk to him about times we may express this emotion.	Help your child create an obstacle course using items around the house. Give directions using under, over, or around to help your child move through the obstacle course.	Take a walk around your neighborhood with your child. Before your walk, help your child make a list of things that you will see on your walk. When you return, read the list together and make changes to your list based off what you saw on your walk.	Help your child make predictions by asking questions such as, "What would happen if we went outside without our shoes on?" or "How many steps is it from our front door to the couch?"	Help your child line up socks into two lines and measure them, which one is longer and which one is shorter. Help your child count the socks in each group and compare the quantity.
Friday	Help your child paint or color the Earth on a paper plate. Talk about our planet Earth and the importance of recycling, reducing, and reusing.	Sing: Recycling Song (Tune: Frere Jacques). "Save your bottles, save your bottles. Save your cans, save your cans. Bundle up your papers, bundle up your papers. That's the plan, that's the plan."	Play with your child and talk about taking turns or sharing with a friend.	Help your child make small pieces of paper out of a large one, by tearing, snipping, or cutting.	Help your child dress independently by asking him, "What do you need to put on first, your shoes or your socks?" and "What goes on next?"	Tell your child about your day and have her retell the events. Next, ask your child about her day and you retell her events.	Help your child look for geometric shapes around the house. Then ask, "How are they alike or different?"