



## APS Skills, Habits, and Mindsets Student Survey SY 23-24

Grades 3-5

To better support you, your school and teachers would like to ask you some questions about how you think and feel. Only your teachers and school leaders will be able to see your responses, which will not affect your class grades. Please respond honestly—there are no right or wrong answers!

### Goals and Challenges

In this section, we would like for you to think about your overall learning experiences at school and in life.

1. How often do you stay focused on the same goal for more than 3 months at a time?

Almost never

Once in a while

Sometimes

Frequently

Almost always

2. If you fail at an important goal, how likely are you to try again?

Not at all likely

Slightly likely

Somewhat likely

Quite likely

Extremely likely

3. When you are working on a project that matters a lot to you, how focused can you stay when there are lots of distractions?

Not at all focused

Slightly focused

Somewhat focused

Quite focused

Extremely focused

4. If you have a problem while working towards an important goal, how well can you keep working?

Not well at all

Slightly well

Somewhat well

Quite well

Extremely well

### Your Class

Please tell us about how you feel about your current class.

5. How sure are you that you can complete all the work that is assigned in your class?

Not at all sure

Slightly sure

Somewhat sure

Quite sure

Extremely sure

6. When complicated ideas are discussed in class, how sure are you that you can understand them?

Not at all sure

Slightly sure

Somewhat sure

Quite sure

Extremely sure

7. How sure are you that you can learn all the topics taught in your class?

Not at all sure

Slightly sure

Somewhat sure

Quite sure

Extremely sure

8. How sure are you that you can do the hardest work that is assigned in your class?

Not at all sure

Slightly sure

Somewhat sure

Quite sure

Extremely sure

9. How sure are you that you will remember what you learned in your current class, next year?

Not at all sure

Slightly sure

Somewhat sure

Quite sure

Extremely sure



### Your Behavior

Please answer the following questions about how you respond to different situations. During the past 30 days...

10. How often were you polite to adults?

- Almost never       Once in a while       Sometimes       Frequently       Almost all the time

11. How carefully did you listen to other people's points of view?

- Not carefully at all       Slightly carefully       Somewhat carefully       Quite carefully       Extremely carefully

12. How often did you come to class prepared?

- Almost never       Once in a while       Sometimes       Frequently       Almost all the time

13. How much did you care about other people's feelings?

- Did not care at all       Cared a little bit       Cared somewhat       Cared quite a bit       Cared a tremendous amount

14. How often did you follow directions in class?

- Almost never       Once in a while       Sometimes       Frequently       Almost all the time

15. How well did you get along with students who are different from you?

- Did not get along at all       Got along a little bit       Got along somewhat       Got along pretty well       Got along extremely well

16. How often did you get your work done right away, instead of waiting until the last minute?

- Almost never       Once in a while       Sometimes       Frequently       Almost all the time

17. How often did you pay attention and ignore distractions?

- Almost never       Once in a while       Sometimes       Frequently       Almost all the time

18. How clearly were you able to describe your feelings?

- Not at all clearly       Slightly clearly       Somewhat clearly       Quite clearly       Extremely clearly

19. When you were working independently, how often did you stay focused?

- Almost never       Once in a while       Sometimes       Frequently       Almost all the time

20. When others disagreed with you, how respectful were you of their views?

- Not at all respectful       Slightly respectful       Somewhat respectful       Quite respectful       Extremely respectful



21. How often did you remain calm, even when someone was bothering you or saying bad things?

- Almost never       Once in a while       Sometimes       Frequently       Almost all the time

22. To what extent were you able to stand up for yourself without putting others down?

- Not at all       A little bit       Somewhat       Quite a bit       A tremendous amount

23. How often did you allow others to speak without interrupting them?

- Almost never       Once in a while       Sometimes       Frequently       Almost all the time

24. To what extent were you able to disagree with others without starting an argument?

- Not at all       A little bit       Somewhat       Quite a bit       A tremendous amount

25. How often were you polite to other students?

- Almost never       Once in a while       Sometimes       Frequently       Almost all the time

26. How often did you compliment others' accomplishments?

- Almost never       Once in a while       Sometimes       Frequently       Almost all the time

27. How often did you keep your temper under control?

- Almost never       Once in a while       Sometimes       Frequently       Almost all the time

### Feelings About Being at School

In this section, we would like to understand how you feel about your school.

28. How well do people at your school understand you as a person?

- Do not understand at all       Understand a little       Understand somewhat       Understand quite a bit       Completely understand

29. How much support do the adults at your school give you?

- No support at all       A little bit of support       Some support       Quite a bit of support       A tremendous amount of support

30. How much respect do students at your school show you?

- No respect at all       A little bit of respect       Some respect       Quite a bit of respect       A tremendous amount of respect



31. Overall, how much do you feel like you belong at your school?

Do not belong at all

Belong a little bit

Belong somewhat

Belong quite a bit

Completely belong

32. What can teachers or other adults at school do to better help you?

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SAMPLE FORM



For the following questions, we are interested in learning more about how you think about your school. Please give us your honest opinions so that we can better understand your experience and work to make the school a better place.

### Feelings About Being at School

In this section, we would like to understand how you feel about your school.

1. How often are people disrespectful to others at your school?

Almost never       Once in a while       Sometimes       Frequently       Almost always

2. How positive or negative is the energy of the school?

Very negative       Somewhat negative       Slightly negative       Neither negative nor positive       Slightly positive       Somewhat positive       Very positive

3. How often do students get into physical fights at your school?

Almost never       Once in a while       Sometimes       Frequently       Almost always

4. How fair or unfair are the rules for the students at this school?

Very unfair       Somewhat unfair       Slightly unfair       Neither unfair nor fair       Slightly fair       Somewhat fair       Very fair

5. How likely is it that someone from your school will bully you online?

Not at all likely       Slightly likely       Somewhat likely       Quite likely       Extremely likely

6. At your school, how much does the behavior of other students hurt or help your learning?

Hurts my learning a tremendous amount       Hurts my learning some       Hurts my learning a little bit       Neither helps nor hurts my learning       Helps my learning a little bit       Helps my learning some       Helps my learning a tremendous amount

7. How often do you worry about violence at your school?

Almost never       Once in a while       Sometimes       Frequently       Almost always

8. How often do your teachers seem excited to be teaching your classes?

Almost never       Once in a while       Sometimes       Frequently       Almost always

9. If a student is bullied in school, how difficult is it for him/her to get help from an adult?

Not at all difficult       Slightly difficult       Somewhat difficult       Quite difficult       Extremely difficult



### Your Teacher During Class

Please tell us about how much your teacher encourages you to do your best.

10. How often does your teacher make you explain your answers?

- Almost never       Once in a while       Sometimes       Frequently       Almost always

11. When you feel like giving up, how likely is it that your teacher will make you keep trying?

- Not at all likely       Slightly likely       Somewhat likely       Quite likely       Extremely likely

12. How much does your teacher encourage you to do your best?

- Does not encourage me at all       Encourages me a little       Encourages me some       Encourages me quite a bit       Encourages me a tremendous amount

13. How often does your teacher take time to make sure you understand the material?

- Almost never       Once in a while       Sometimes       Frequently       Almost always

14. Overall, how high are your teacher's expectations of you?

- Not high at all       Slightly high       Somewhat high       Quite high       Extremely high