APS Skills, Habits, and Mindsets Student Survey SY 25-26

Grades 3-5

To better support you, your school and teachers would like to ask you some questions about how you think and feel. Only your teachers and school leaders will be able to see your responses, which will not affect your class grades. Please respond honestly—there are no right or wrong answers!

Goals and Challenges

In this section, we would like for you to think about your overall learning experiences at school and in life.

1. How often do you stay focused on the same goal for more than 3 months at a time?

Almost never | Once in a while | Sometimes | Frequently | Almost always

2. If you fail at an important goal, how likely are you to try again?

Not at all likely | Slightly likely | Somewhat likely | Quite likely | Extremely likely

3. When you are working on a project that matters a lot to you, how focused can you stay when there are lots of distractions?

Not at all focused | Slightly focused | Somewhat focused | Quite focused | Extremely focused

4. If you have a problem while working towards an important goal, how well can you keep working?

Not well at all | Slightly well | Somewhat well | Quite well | Extremely well

Your Class

Please tell us about how you feel about your current class.

5. How sure are you that you can complete all the work that is assigned in your class?

Not at all sure | Slightly sure | Somewhat sure | Quite sure | Extremely sure

6. When complicated ideas are discussed in class, how sure are you that you can understand them?

Not at all sure | Slightly sure | Somewhat sure | Quite sure | Extremely sure

7. How sure are you that you can learn all the topics taught in your class?

Not at all sure | Slightly sure | Somewhat sure | Quite sure | Extremely sure

8. How sure are you that you can do the hardest work that is assigned in your class?

Not at all sure | Slightly sure | Somewhat sure | Quite sure | Extremely sure

9. How sure are you that you will remember what you learned in your current class, next year?

Not at all sure | Slightly sure | Somewhat sure | Quite sure | Extremely sure

SAMPLE FORM

Your Behavior

Please answer the following questions about how you respond to different situations. During the past 30 days...

10. How often were you polite to adults?

Almost never	Once in a while	Sometimes	Frequently	Almost all the time

11. How carefully did you listen to other people's points of view?

Not carefully at all	Slightly carefully	Somewhat carefully	Quite carefully	Extremely carefully

12. How often did you come to class prepared?

Almost never	Once in a while	Sometimes	Frequently	Almost all the time

13. How much did you care about other people's feelings?

Did not care at all	Cared a little bit	Cared somewhat	Cared quite a bit	Cared a tremendous amount

14. How often did you follow directions in class?

Almost never	Once in a while	Sometimes	Frequently	Almost all the time

15. How well did you get along with students who are different from you?

Did not get along at all	Got along a little bit	Got along somewhat	Got along pretty well	Got along extremely well

16. How often did you get your work done right away, instead of waiting until the last minute?

Almost never	Once in a while	Sometimes	Frequently	Almost all the time

17. How often did you pay attention and ignore distractions?

Almost never	Once in a while	Sometimes	Frequently	Almost all the time

18. How clearly were you able to describe your feelings?

Not at all clearly	Slightly clearly	Somewhat clearly	Quite clearly	Extremely clearly

19. When you were working independently, how often did you stay focused?

Almost never	Once in a while	Sometimes	Frequently	Almost all the time

20. When others disagreed with you, how respectful were you of their views?

Not at all respectful	Slightly respectful	Somewhat respectful	Quite respectful	Extremely respectful

SAMPLE FORM

21. How often did you remain calm, even when someone was bothering you or saying bad things?

Almost never	Once in a while	Sometimes	Frequently	Almost all the time
◯	◯	◯	◯	◯

22. To what extent were you able to stand up for yourself without putting others down?

Not at all	A little bit	Somewhat	Quite a bit	A tremendous amount
◯	◯	◯	◯	◯

23. How often did you allow others to speak without interrupting them?

Almost never	Once in a while	Sometimes	Frequently	Almost all the time
◯	◯	◯	◯	◯

24. To what extent were you able to disagree with others without starting an argument?

Not at all	A little bit	Somewhat	Quite a bit	A tremendous amount
◯	◯	◯	◯	◯

25. How often were you polite to other students?

Almost never	Once in a while	Sometimes	Frequently	Almost all the time
◯	◯	◯	◯	◯

26. How often did you compliment others' accomplishments?

Almost never	Once in a while	Sometimes	Frequently	Almost all the time
◯	◯	◯	◯	◯

27. How often did you keep your temper under control?

Almost never	Once in a while	Sometimes	Frequently	Almost all the time
◯	◯	◯	◯	◯

Feelings About Being at School

In this section, we would like to understand how you feel about your school.

28. How well do people at your school understand you as a person?

Do not understand at all	Understand a little	Understand somewhat	Understand quite a bit	Completely understand
◯	◯	◯	◯	◯

29. How much support do the adults at your school give you?

No support at all	A little bit of support	Some support	Quite a bit of support	A tremendous amount of support
◯	◯	◯	◯	◯

30. How much respect do students at your school show you?

No respect at all	A little bit of respect	Some respect	Quite a bit of respect	A tremendous amount of respect
◯	◯	◯	◯	◯

SAMPLE FORM

31. Overall, how much do you feel like you belong at your school?

Do not belong at all	Belong a little bit	Belong somewhat	Belong quite a bit	Completely belong
◯	◯	◯	◯	◯

32. What can teachers or other adults at school do to better help you?

SAMPLE FORM

For the following questions, we are interested in learning more about how you think about your school. Please give us your honest opinions so that we can better understand your experience and work to make the school a better place.

Feelings About Being at School

In this section, we would like to understand how you feel about your school.

1. How often are people disrespectful to others at your school?

Almost never	Once in a while	Sometimes	Frequently	Almost always
○	○	○	○	○

2. How positive or negative is the energy of the school?

Very negative	Somewhat negative	Slightly negative	Neither negative nor positive	Slightly positive	Somewhat positive	Very positive
○	○	○	○	○	○	○

3. How often do students get into physical fights at your school?

Almost never	Once in a while	Sometimes	Frequently	Almost always
○	○	○	○	○

4. How fair or unfair are the rules for the students at this school?

Very unfair	Somewhat unfair	Slightly unfair	Neither unfair nor fair	Slightly fair	Somewhat fair	Very fair
○	○	○	○	○	○	○

5. How likely is it that someone from your school will bully you online?

Not at all likely	Slightly likely	Somewhat likely	Quite likely	Extremely likely
○	○	○	○	○

6. At your school, how much does the behavior of other students hurt or help your learning?

Hurts my learning a tremendous amount	Hurts my learning some	Hurts my learning a little bit	Neither helps nor hurts my learning	Helps my learning a little bit	Helps my learning some	Helps my learning a tremendous amount
○	○	○	○	○	○	○

7. How often do you worry about violence at your school?

Almost never	Once in a while	Sometimes	Frequently	Almost always
○	○	○	○	○

8. How often do your teachers seem excited to be teaching your classes?

Almost never	Once in a while	Sometimes	Frequently	Almost always
○	○	○	○	○

9. If a student is bullied in school, how difficult is it for him/her to get help from an adult?

Not at all difficult	Slightly difficult	Somewhat difficult	Quite difficult	Extremely difficult
○	○	○	○	○

SAMPLE FORM

Your Teacher During Class

Please tell us about how much your teacher encourages you to do your best.

10. How often does your teacher make you explain your answers?

Almost never	Once in a while	Sometimes	Frequently	Almost always
◯	◯	◯	◯	◯

11. When you feel like giving up, how likely is it that your teacher will make you keep trying?

Not at all likely	Slightly likely	Somewhat likely	Quite likely	Extremely likely
◯	◯	◯	◯	◯

12. How much does your teacher encourage you to do your best?

Does not encourage me at all	Encourages me a little	Encourages me some	Encourages me quite a bit	Encourages me a tremendous amount
◯	◯	◯	◯	◯

13. How often does your teacher take time to make sure you understand the material?

Almost never	Once in a while	Sometimes	Frequently	Almost always
◯	◯	◯	◯	◯

14. Overall, how high are your teacher's expectations of you?

Not high at all	Slightly high	Somewhat high	Quite high	Extremely high
◯	◯	◯	◯	◯

SAMPLE FORM