

Know Your Numbers & Save \$300-\$600 Annually in Health Plan Premiums



Biometric Screening appointments can be scheduled online, or by calling Health Advocate. Complete your appointment at any location.

Online Appointments

The online registration and scheduling process has changed from previous years. Please activate your online account as a “new user.”

- Go to HealthAdvocate.com/members and follow the prompts to register
- Click on “Schedule”
- Complete the scheduler prompts to make an appointment

Phone Appointments

- Please call HealthAdvocate at 1-800-970-1263 to schedule your screening

Biometric Screening Information

- All biometric screenings will be administered by licensed health professionals of Health Advocate.
- Screenings include a full lipid panel (total cholesterol, HDL, cholesterol ratio, LDL, triglycerides & glucose), blood pressure, and body composition.
- You will need to fast for 8 hours prior to your screening (only water is permitted).
- Screenings are done via finger stick with results received in minutes and the information will be held confidential.

Biometric Screening Schedule for July 1, 2015 through September 30, 2015

Dates	Location	Room	Time
July 1 – August 31, 2015 including Saturday’s (no screenings on July 3 rd or July 4 th)	Bruce & Alice King Educational Complex (City Centre)	West Tower Conference Rooms – 1 st floor	By appointment 6:00 a.m. to 11:00 a.m.
August 24 – 28, 2015	Lincoln Complex, Maintenance & Operations	Conference Room	By appointment 6:00 a.m. to 11:00 a.m.
September, 2015	Scheduled School Sites	Schedule available on the APS website/ Benefits	By appointment 7:00 a.m. to 12:00 p.m.
Saturday’s in September	Bruce & Alice King Educational Complex (City Centre)	West Tower Conference Rooms – 1 st floor	By appointment 6:00 a.m. to 11:00 a.m.

