



ALBUQUERQUE PUBLIC SCHOOLS  
Human Resources – Extended Leaves Office

## Educational Assistant MEDICAL RELEASE

\_\_\_\_\_  
Employee Name:

\_\_\_\_\_  
Employee Number

\_\_\_\_\_  
Employee's Signature

Employees are required to reinstate with the Extended Leaves Office prior to returning to the work site. Return this original Medical Release form to the Extended Leaves/Sick Leave Bank Office, Alice and Bruce King Educational Complex, East Tower, Suite 210.

**TO BE COMPLETED BY EMPLOYEE'S HEALTH CARE PROVIDER**

**PHYSICAL DEMANDS:** The physical demands described here are representative of those that must be met by the incumbent to successfully perform the essential functions of the job with or without reasonable accommodation:

- The employee must occasionally lift and move up to 50 pounds in supplies which requires bending, stooping and lifting. Additionally, Educational Assistants working in certain special education classrooms are required to regularly assist in the lifting or moving of students of varying weights and size programmatic, hygiene or feeding purposes.
- The employee must use hands and arms to manipulate objects.
- The employee must use keyboards, tools and other controls.
- The employee must sit and stand for long periods of time.
- The employee must have normal vision and hearing with or without aid.
- The employee must be able to move about assigned location unaided during the day.

I have reviewed the physical demands of an Educational Assistant as listed above. Any restrictions that the employee must comply with and the duration of such restrictions are indicated below:

Restriction	Duration
_____	_____
_____	_____

Employee can return to work on: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

\_\_\_\_\_  
Health Care Provider's Signature \_\_\_\_\_  
Date

\_\_\_\_\_  
Health Care Provider's Address \_\_\_\_\_  
Phone Number

IF YOU HAVE RESTRICTIONS, YOUR SUPERVISOR MUST SIGN BELOW:

I am willing:       I am not willing:      to work with the above restrictions for this duration.

\_\_\_\_\_  
Supervisor's Signature