Receive a $240 - $480 Annual Health Premium discount in two simple steps!

1. Complete your biometric screening and,
2. Complete your Personal Health Profile by the specified deadline.

Biometric Screening Information

- Screenings include a full lipid panel (total cholesterol, HDL, cholesterol ratio, LDL, triglycerides & glucose), blood pressure, and body composition.
- You will need to fast for 8 hours prior to your screening (only water is permitted).
- Screenings are done via finger stick with results received in minutes and the information will be held confidential.
- There will be a confidential follow-up onsite provided

For further information on your free Biometric Health Screening

Call 1-800-970-1263 between 10:00 am – 5:00 pm MST. If you call outside of business hours, you may leave a voicemail message with your preferred date and time and a representative will contact you the next day to confirm your appointment.

To complete your Personal Health Profile

1. Go to www.mywellcall.com
2. Enter your email address and password
   If you are a first time visitor, click the register button. Next, enter your company password apswellness. Follow the online instructions and complete the registration process. Once your account has been activated, go to www.mywellcall.com and log in with your email address and password.
3. Call 1-800-970-1263 for further information.

* To receive the Health Premium Discount, your screenings MUST be completed by WellCall. Provider results are NOT accepted.

Albuquerque Public Schools will only be provided with confirmation of completion of both the biometric screening and PHP. Both have to be completed to maintain your current rate. The results of your screening and PHP will not impact your insurance rates. Results are kept strictly confidential, are not shared with Albuquerque Public Schools, and will not have a negative effect on your medical coverage or costs.